


RESTORE BALANCE THIS MORNING

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients and antioxidants and taste delicious so you can start your day feeling recharged.

WESTIN FRESH BY THE JUICERY


Pear, Spinach, Avocado Smoothie  GF
With coconut water 6


Mango, Blueberry, Avocado,
Almond Milk Smoothie  GF 6.50

Beet, Carrot, Kale, Apple Juice,
Lemon, Ginger  GF 6

Mint infused Pineapple-Cucumber Juice  GF 9


INVIGORATE

Market Picked Fruits and Berries  GF
A bountiful selection of the season's best 12


Crunchy Oatmeal & Almond Maple Granola  GF
With dehydrated fruits and choice of milk 12.50

Steel-Cut Cinnamon-Scented Oatmeal  GF
Green apples, walnuts and honey drizzle 10


Assorted Dry Cereals
Choose from a variety, including gluten free 10.50

Organic Pastel Egg White
and All-Natural Turkey Omelet  GF
Laced with arugula and low-fat cheddar. Served with
tomato and avocado salad 15.50

Scrambled Eggs & Salmon Taco  GF
Avocado, salsa picante, queso fresco 16

Egg White, Quinoa & Spinach Frittata  GF
Kale and roasted peppers 15

INDULGE

Gluten Free French Toast  GF
Served with maple caramelized apples and cranberries 15

Grilled Ham and Eggs*
Organic eggs done your way, crispy hash browns, choice of grilled
ham, bacon or sausage, and toast or English muffin 15


Banana Blueberry Pancakes
Ricotta, cornmeal and orange maple syrup 15


BLT Poached Eggs with Olive Oil Hollandaise  GF
Served with crispy hash brown potatoes 16

BREAKFAST TABLE

Seasonal fruits and berries, yogurt, steel-cut oatmeal,
whole grain cereals, all-natural granola, scrambled
eggs, smoked bacon, sausage links, breakfast potatoes,
bakery selections, bagels with cream cheese, selection
of breakfast juices, freshly-brewed Starbucks® coffee and
assorted Tazo® teas 18

OPTIONS

Bowl of Field Grown Fruits and Berries  GF
A bright mix of the season's best 8

Low-Fat Yogurt  GF
Choice of fruit, berry or plain 5.50




Smoked Bacon, Breakfast Sausage Links
or Grilled Ham 5.50


Crispy Hash Brown Potatoes 5

The Bakery Basket
A buttery croissant, daily muffin, your choice of English
muffin, sourdough, multi-grain, rye or white toast with
butter, honey and preserves 7.50

Freshly Baked Bagel
Philadelphia® cream cheese 5.50

BEVERAGES

Juice  GF
Orange , grapefruit, apple, cranberry or tomato  4.50


Starbucks® Coffee  GF
Freshly-brewed regular or decaffeinated 5
Cappuccino or Latte 5
Espresso 4.50
Iced Coffee 4.50

Assorted Tazo® Teas  GF 4.50

Milk  GF
Regular, non-fat, 2%, chocolate or soy  4.50

*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

“These nutritional powerhouse foods can help extend your health span—the extent of time you have to be healthy, vigorous and vital.” Dr. Steven Pratt, author of *SuperFoods Rx: Fourteen Foods That Will Change Your Life*

 GF We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

©2015 Starwood Hotels and Resorts Worldwide, Inc.

